

Blood Drive-Hosted by Art Trends Gallery and Mississippi Valley Regional Blood Center

Date: Tue, May 25
Time: 3-7 pm
Cost: free
Location: Art Trends Gallery
Address: 703 Long Rd Crossing Dr
Contact: 636-536-3266
Make a difference in saving lives and have fun while doing it. Enjoy food, treats, raffle drawings and much more!

Heart Saver CPR with AED

Date: Thu, May 27
Time: 5:30-8:30 pm
Cost: \$40
Location: St. Luke's Institute for Health Education
Address: St. Luke's Hospital
Contact: 314-542-4848
This course teaches CPR and relief of choking in adults and children, use of an AED (automated external defibrillator), infant CPR and relief of choking, and use of barrier devices for all ages. It is intended for those in need of CPR training for employment as well as childcare providers, aerobic instructors and trainers. Participants receive a completion card.

31st Annual St. Louis Senior Olympics

Date: Thu, May 27- Mon, May 31
Time: call
Cost: call
Location: Jewish Community Center and other local venues
Contact: 314-432-5705
stlouisseniorolympics.org
This Olympic-style competition offers 85 different events including an art competition, basketball, bowling, cycling, darts, golf, softball, swimming, track and field and others.

Adults, Seniors & Miscellaneous

An Afternoon of Musical Fun with Tallberta

Date: Wed, May 5
Time: 2 pm
Cost: free
Location: Samuel C. Sachs Branch Library
Address: 16400 Burkardt Pl.
Contact: 314-994-3300
Come for a lively program of music and singing with Tallberta! Using guitar, vocals and hand percussion, Berta presents favorite tunes that you will remember and enjoy singing along to, plus humorous parodies of some familiar lyrics.

Mother's Day Workout at Club Chesterfield

Date: Fri, May 7
Time: 9 am-2 pm
Cost: free workout
Location: The Club at the Doubletree Hotel
Address: 16625 Swingley Ridge Rd
Contact: 636-532-9992
Proceeds benefitting Rebuilding Together St. Louis. Moms work-out for free all day at The Club and enjoy shopping with a variety of unique and specialty vendors, spa specialties, prizes and Racquet's Restaurant specials.

Mother's Day

If you are looking for something a little extra special for Mom this year, check out a few of these ideas:

Sat, May 8

Honor Your Mother Walk
Vlasis Park, Ballwin, MO
Contact: 636-227-8950 or ballwin.mo.us to register
\$12 registration fee includes T-shirt, kid's activities and prizes.
This non-competitive fun walk is sponsored by the City of Ballwin and the St. Luke's Hospital Spirit of Women's Program to promote women's health and celebrate mothers on their special day. Choose the one or three mile route. Proceeds benefit St. Luke's Breast Care Center.

Sat-Sun, May 8-9

Thornhill Open House
Faust Park, 15185 Olive Blvd.
314-615-8328
Enjoy a free guided tour of the estate of Missouri's second Governor, Frederick Bates. Built in the early 1800s, this house is listed on the National Register of Historic Places.

Sun, May 9

Mother's Day Brunch
Mount Pleasant Winery
5634 High St., Augusta, MO.
636-482-WINE or mountpleasant.com
Show Mom how special she is; treat her to this fabulous brunch including menu items such as London Broil, Asiago chicken, omelets, pasta stations, fresh fruits, salads and more. Adults will receive one complimentary Mount Pleasant mimosa. Seating limited, reservations required. \$40 adult; \$20 children. Tax and gratuity not included.

Sun, May 9

Mother's Day Brunch
The Butterfly House
15185 Olive Blvd.
636-733-2339
Enjoy a bountiful Mother's Day Brunch buffet at the Butterfly House. Dine on the Emerson Lakeside Terrace as you view the Butterfly Garden on one side and the reflecting pond on the other. \$32.95 for adults (includes admission to the Butterfly House) \$17.95 for children. Reservations required.